

Rimbey

parentLINKcentre



WHO?

YOU! Parent, child, caregiver, family, friend.

WHAT?

The Rimbey Parent Link Centre.

WHY?

- Fun, play and learn with your children
- Information, parenting resources
- Parenting support groups
- Parenting education sessions
- Playgroup for families/caregivers
- Developmental screens – infant to 6 yrs.

WHERE?

Turn me over!

WHEN?

MONDAY – TUESDAY – THURSDAY
8:30 AM – 3:30 PM

HOW?

Run, walk, bike, ride, or cruise down.

Parenting Programs Offered Here!

The international award winning Triple P – Positive Parenting Program®, backed by over 25 years of clinically proven, world wide research, has the answers to your parenting questions and needs. Seminars, groups, and private options available. For parents of children aged 0-5. One on one parent consultations available by appointment only.



Developmental Screening

The Ages and Stages questionnaire gives you a profile of your child's progress at various ages and stages. By completing the questionnaire and talking to Parent Link staff, a picture of your child's progress will be completed.

Pick up your copy of the questionnaire and learn more about this free service at the Rimbey Parent Link.



Rimbey Provincial Building
5025 55 Street
Rimbey, AB T0C 2J0
www.centralparklandparentlink.ca



For More Information or to Register for Programs Please Contact:

Samantha Sansome
Parent Link Coordinator

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Spring 2018 Weekly Programming

Monday - drop in programs

Clay and Paper - 10:00 am - 11:30 am

April 16 - May 14

EXPLORE ART WITH your child! This is a fun, engaging creative arts program is for children 2+ and their parent/ Caregiver. We will cover many different ways to be artistic! This program is drop in.

Growing Minds - 10:00 am - 11:30 am

June 4 - June 25

The whole family is welcome for this fun and informative exploration of the science and wonders of growing and Gardening! Expect to get dirty and have lots of fun! This program is Drop in.

Tuesday - *pre-register programs, call or text to register 403-318-5454

Marvelous Moms - 10:00 am - 11:30 am

May 1st - June 19

CONNECT, Learn, and LAUGH with other mothers in this fun and informative discussion group that focuses on women's health and wellness. This is a pre-register program. Child Care is provided.

Drop In Play Program

Tuesday - April through June

Baby Play - 1:30 pm - 3:00 pm

This DROP IN program and discussion group is specifically for babies 18 months and younger and their parent/caregivers.

Thursday - April through June

You and Me Play - 9:30 am - 11:30 am

What a great way to spend some meaningful and intentional time with your child! This drop in program is for parents/ caregivers and their young children ages 6 and under.

Monthly Programming

Tuesday

Links - 1:00 pm - 2:00 pm

April 24, May 29, and June 26

An Intergenerational story and song program with seniors, parents/caregivers and their children 0-5. Located @ the Rimbey Hospital and Care Centre. Questions? Contact us!

Thursday

Dudes Play Too! - 5:30 pm - 7:00pm

April 26, May 17, and June 21

Dudes, join us one Thursday evening a month for some quality play time with those kids! This program is drop in and for male caregivers and their children ages 0-6.

Friday

Family Fun Night - 5:30 pm - 7:30 pm

April 20, May 18, and June 15

Looking for a fun place to play with the kids? Interested in spending quality time with your family? Then come and play with us!

Saturday

Sensory Saturplay - 10:00 am - 12:00 pm

May 5 and June 9

Join us for some AWESOME sensory play! This program is drop in and for parents/caregivers and their kids 0-6.

