

## Wednesday Mornings

### April: Sensory Play:

Let's explore with our senses. Get your hands messy, dig, scoop and dump in our sensory bin. Match sounds or smells and have lots of fun! 10 – 11:30 am. **Drop-in.**

### May: Me & My Neighbourhood:

5 weeks, 5 places to explore. Join Krystianna on little field trips to different stores and businesses around town and learn more about our neighbourhood. 10 – 11 am. Please register!



### June: Cold Play:

As the weather gets warmer, let's play with water, ice, cold jello and other fun things that will cool us down. 10 – 11:30 am. **Drop-in.**



## Time with Baby

Spend some time with your sweet little one and meet other new parents. Learn from each other, ask questions, get parenting tips and have fun with crafts. For parents with children under 18 months.

**Monday afternoons,**

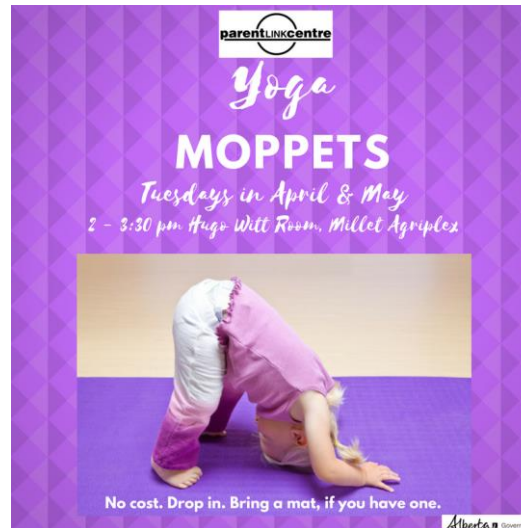
**April 9<sup>th</sup> – June 25<sup>th</sup> 2:00 – 3:30 pm. Register!**



Every Friday afternoon 12 – 3pm, join us for free play in our playroom. Drop-in.

## RHYMING TOTS

Come and join Wendy from the Community Learning Program for some fun, interactive circle time. Learn nursery rhymes, sing songs, listen to stories, do crafts and have fun together. What a great afternoon!  
**Tuesdays 1:30 – 2:30 pm until the end of May**



## *Family Fun Nights:*

**Look for a different special evening at Parent Link each month and have fun as a family after work.**

**Apr. 18<sup>th</sup>**, 6-7:30pm – drop in

**May 11<sup>th</sup>**, 5-7:30pm – with supper – register!

**June 14<sup>th</sup>**, 6-7:30 pm – drop in

**All of our programs are free, but we happily accept grocery gift cards for our snack/food budget!**

Lacombe and District



Alberta Government



## SPRING PROGRAMMING APRIL, MAY, JUNE 2018



**“In the spring, at the end of the day, you should smell like dirt.”**

Margaret Atwood

**Wetaskiwin Parent Link Centre**  
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**(780) 352-3331**

For more information and to register for a program please call us or email:

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 Facebook: Wetaskiwin Parent Link

**IF YOU'RE HAPPY AND YOU  
KNOW IT...**



Join us for stories, songs, activities, crafts and play around little people and big feelings.

**Monday evenings in May & June  
6 – 7:30 pm. Drop-in.**

**Infant Massage**

5 weeks of infant massage for parents and babies under one year. Fathers or other main caregivers are encouraged to join the class and benefit from this wonderful bonding activity.

Limited space. Registration necessary!  
Aril 14 – May 12 - 1:00 – 2:30 pm



**Pancakes & Playtime:**

Saturdays, April 7<sup>th</sup>, May 26<sup>th</sup> and June 23<sup>rd</sup>.

Free pancake breakfast and time for free play!



**Date with Dad:**

Evenings of April 19<sup>th</sup>, May 10<sup>th</sup>, June 8<sup>th</sup>.

Supper and fun activities for male caregivers and kids. 5:30 – 7:30 pm.



**Positive Parenting  
Program (Triple P)**

Join us for our Discussion Groups in Wetaskiwin, Millet or Lakedell to learn about positive parenting strategies to teach your child new skills, encourage desirable and prevent unwanted behaviours, prepare for challenging times and have the tools to back up your instructions. No cost. Childcare available. Please REGISTER!

**Wetaskiwin Parent Link:** April 20 & 27: 6-8pm  
**Millet Library:** April 26: 5:45 – 7:45pm  
**Lakedell School:** May 7 & 14: 6-8pm

**Are you curious about your  
child's development?**



Are you amazed by your child's development? Wondering what to expect? The Parent Link Centre offers the **Ages and Stages tools**. These are simple questionnaires that you can fill out to find out more about your child's individual development. Speak to us to get your copy.

**Culinary Travellers**

We're continuing this popular program for another month. Let's explore different countries by listening to music, reading stories and preparing food together.

**Monday Nights in April  
6:00 – 7:30 pm**



**Mindful Moments:**

**Tuesday afternoon 2 – 3pm in May**

Meet us at Ashoro Friendship Park for some yoga, meditation, art, breathing, music and movement to practice mindfulness and calm our minds and bodies. Please register.



**play · learn · grow**

Play, Learn, Grow is a structured play program for parents and children to enjoy together. Choose from a variety of fun activities that practice different skills through fun and play. The activities are followed by a story time with Tamara from the library, a snack and free play.

**Tuesday mornings, 10 – 11:45 am  
Drop-in. Just come in and join us.**

**Suds 'n Songs:**

Thursday mornings  
April 12 – May 31.  
10:30 – 11:30 am.



Join us at the Wetaskiwin Laundromat for songs, stories and crafts. Have fun with your kids while your laundry is going. **Drop-in.**

**MOVE & GROOVE**

Let's get together for 6 weeks of musical games and movement fun. We will use songs, games, scarves and the parachute to get active together. Please wear comfortable clothes so you can participate with your child. Time for play after. Apr. 13, 20, 27, May 11, 18, 25. 10 – 11:30am. **Registration required.**

**You Are My Sunshine:**



We'll meet at Seasons (former Sunrise Village) Senior's Complex in Wetaskiwin for a fun Intergenerational Program. Bringing young children and seniors together can be a delightful mix. Let's remember classic nursery rhymes and songs, play and craft together. Please register!