

RIMBEY PARENT LINK CENTRE



FALL PROGRAMMING SEPTEMBER - DECEMBER 2019

MONDAYS

Baby Play

First 3 Mondays of each month, starts Sept. 9 - 9:30 - 11:30. This drop in program and discussion group is specifically for parent/caregivers and their babies under 18 months. We will discuss relevant topics, visit, and play! We are also joined by a local health nurse once a month. Drop in and check it out!

Generation Connection

Last Monday of each month from 9:30 - 10:30, starts September 30. Join us at Valley View Manor for a fun and interactive program with seniors. This program focuses on building generational connections! Sing, laugh, and play with us! This program is drop in and for parents/caregivers of children 0-5.

PLAY

Drop in

Registration Required

TUESDAYS

LEARN

All About Parenting

Starts September 10 - 9:30 - 11:30. This Parent Education focused discussion group is all about connecting with other parents through sharing parenting stories and learning new tools and tips together! This unique program has parent/child time and time away from children built in. Child supervision provided.

To register for TUESDAY AND WEDNESDAY programs call or text 403.318.5454 or email ssansome@lacombecss.net

WEDNESDAYS

Walk and Talk

September 4- 25. Get ready for some fresh air! Bring your stroller, wagon, or feet and meet us at the Parent Link. Let's enjoy a walk together! For ages 5 and under.

You, Me, and A Book

October 2 - November 6. This literacy based program is all about connecting with books! We will explore a new book each week through creating, pretending, and singing! For children 2+ and their parent/caregivers.

Discover Development

November 13 - December 18. Did you know that the skills a child develops in the first 5 years of life will have a life long impact on their learning, health, and relationships? Join us as we explore the 5 developmental domains through play and interactive activities! Parents/caregivers get to play and interact with their own children.



Registration Required

Drop in

THURSDAYS



Drop in Play

Starts September 5 - 10:00 - 11:30. Drop in and play with us! This program is a great way to see what Rimbey Parent Link Centre has to offer! We provide a relaxing and gently stimulating environment for families. Its a great place to come and play with your child, meet other parents, and get the resources you need to be the best parent you can be! Parents/caregivers get to play and interact with their own children.

FRIDAYS AND SATURDAYS

Friday Night Fun!

One Friday a month 5:30 - 7:30. LIGHT SUPPER INCLUDED

Family Fun Night: September 13 & October 25: A drop in play night for the whole family!

Dads Play: November 29: A drop in night just for dads and their kids.

Saturplay

Saturday: September 21 - October 19 - November 16 - 10:00 - 12:00. Drop in for a morning of relaxed Saturday play! Perfect way to spend time with the family. This program for parents/caregivers and their kids 0-5

CONNECT

Drop in

RIMBEY PARENT LINK CENTRE



WHO WE ARE AND WHAT WE DO...

CONNECT

Parenting is a joyful journey. It can also be one of most challenging roles. Building relationships is vital for adults, children, families, and communities. Rimbey Parent Link is a place for families to come together, to connect, to build relationships with other parents, and strengthen the relationship with their child. All of our programs are **FREE** because we believe all families deserve the best! Everyone is welcome, so come and experience our centre and what we have to offer you and your child.



TRIPLE P POSITIVE PARENTING PROGRAM

Parenting can be wonderful, but it can also be challenging... it's one of the hardest jobs we will ever have to do! Every family is different yet parents all over the world face problems that are surprisingly similar. Meltdowns? Sleep challenges? Fighting with siblings? You are not alone! Triple P can help!

Rimbey Parent Link Centre offers Triple P Programs! For more information and to register please call 403.318.5454 or email ssansome@lacombecss.net



AGES AND STAGES QUESTIONNAIRES

If you are curious about your child's development, want to see where they are at and what skills are coming next, and to make sure they're on the path to being ready for school, ask us about these easy to fill out questionnaires!



DYNAMIC PROGRAMMING



Rimbey Parent Link offers Early Child Development programs, Parent Education programs, and programs geared towards making connections called Family Support programs. All of our programs are created by knowledgeable and innovative staff, who are there to provide families with a truly meaningful experience! .

RESOURCES

Parenting Questions? Want to know what supports are available for families in Rimbey? We are here to connect you to the information you need.

